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## **Third Quarter Newsletter**

**October 2023**

Your fellow retirees who volunteer with AASBCR® have been busy these past three months. Here's what's been going on.

### **Bulletins**

We posted five bulletins this quarter. You can find them at our website [aasbcr.org](https://aasbcr.org) under the Resources tab, and the latest ones will be under the NEWS tab as well, or you can click on a bulletin's link below to go directly to the document.

- [Searching for Lower Drug Costs](#) – July 2023
- [AT&T's Health Plan Brochure](#) – July 2023
- [Hospital Status -- Observation vs. Admitted](#) – August 2023
- [New and Improved Website](#) – September 2023
- [AASBCR® Lobbies with NRLN](#) – September 2023

### **Donations and Grants**

A grant of \$5,000 was approved for Ride Assist Naperville (RAN). This non-profit recruits drivers and schedules them to drive seniors to and from medical appointments near this western suburb of Chicago. RAN plans to use the grant to recruit more drivers so they can increase rides given by 10% in the coming year.

Any member can sponsor a non-profit for a grant from AASBCR®. See the Members Only tab on the website at [aasbcr.org](https://aasbcr.org).

### **Remodeled Website**

Our remodeled website was launched right after Labor Day. It's easier to sign on, easier to find publications and other resources, and easier to renew. Check it out at [aasbcr.org](https://aasbcr.org).

### **Lobbying Congress**

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Mary Foley and Tom Gray participated in NRLN's lobbying blitz in Washington D. C. this past week. It was designed so that people from every state would come to Washington and meet with their Congressperson and Senators to discuss a set of issues affecting retirees, after a half-day of training by NRLN. Foley and Gray met with staffers for the two Illinois senators and Representative Sean Casten. To see the issues discussed, go to the Fly-In Bulletin at the link above.

### **Coming Changes – Video on Choosing a Health Plan**

In the next few days, we will send you a link to a new video explaining how to choose a Health Insurance Plan. This is especially important this year, because AT&T is ending its relationship with Alight, canceling the HRA subsidy we've been getting every month, and automatically enrolling everyone who received it into AT&T's own Medicare Advantage plan.

You can accept that by doing nothing (though you would have to cancel your Medigap Supplement plan if you have one), or you can opt-out **by calling United HealthCare at 866-319-3448** between October 16 and November 15.

Look for that bulletin!